



Dermod Moore MA, MIAHIP is a psychotherapist, supervisor, and trainer of students of psychotherapy. He was a columnist for Hot Press magazine for 18 years. A collection of his articles was published in 2005, *Diary of a Man*. He lived in London for fifteen years, where he trained as a psychosynthesis psychotherapist. On returning to live in his native Dublin in 2006, he has largely immersed himself in working as a therapist, supervisor and teacher, which he enjoys very much. Ever since he set up the first gay youth group in Ireland, in 1980, Dermod has been interested in issues related to sex and sexuality, which was the focus of his writing.

Dermod taught the *Sexuality and Gender* modules for students of psychotherapy/counselling in the Psychosynthesis Trust in London for many years, where he still teaches, and runs a training course for psychotherapists with Trish Murphy and Sharon Travers at www.psychosexualtherapy.ie. He was Chair of IAHIP from 2014-2016.

In his presentation, Dermod will be looking at the way culture defines boundaries when it comes to sexuality. These rules become more rigid, the more anxious we are about the topic. In this increasingly polarised world, true empathy is becoming far more challenging, especially when we feel certain that we are *right*.